TOP 10 THINGS YOU MUST KNOW BEFORE CHOOSING YOUR PODIATRIST

Written by Dr. Chris Milkie
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Dear Friend,

If you suffer from foot or ankle pain that hinders you from fully enjoying life, being active, or spending time with your loved ones, you are in the right place. Everyone’s feet are different, and so are the ways in which podiatrists treat foot problems. In your search to find the best podiatrist for your needs, you may feel overwhelmed by all of the options available. How can you know if a podiatrist truly understands your needs and how to treat your unique pain effectively?

At Milwaukee Foot & Ankle Specialists, our goal is to educate you, make sure you know all of your options, and give you the best treatment possible. Our greatest joy is derived from hearing our patients tell us that their pain is gone, and ultimately, we want to help you have healthy and pain-free feet so you can live life to its fullest.

Choosing a podiatrist is no easy task, however in order to make the best decision, you need to be educated. That’s why I’ve put together this report, “Top 10 Things You Should Know Before Choosing a Podiatrist.” Our goal is to inform you and help you learn about what aspects of choosing a podiatrist are important from a patient’s perspective. This way, you can choose a doctor who best suits your needs... even if it isn’t us.

To Your Healthy & Happy Feet,

Dr. Chris Milkie

P.S. Your foot or ankle pain may be more serious than you think, so when you’re ready, I invite you to call us with any questions or to set up your initial consultation. You can go to MilwaukeeFootSpecialists.com to download a certificate for $25 off your first visit.

P.P.S. At your first visit, you will a free copy of my book, Your Simple Guide to Happy and Healthy Feet. This book is meant to help you learn about common foot problems and how to prevent them, as well as some of the things you can expect when you work with your podiatrist.

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NUMBER 1: DO THEY FULLY UNDERSTAND YOUR NEEDS?

A podiatrist should take the time to sit down with you and take a consultative approach. This essentially means that they listen to your symptoms and your needs, and then discuss your options with you. A good podiatrist will partner with you to discuss your concerns, answer all of your questions, and decide on the best treatment option for your condition as well as your lifestyle.

Here at Milwaukee Foot & Ankle Specialists, all of our doctors consider themselves your partners in podiatry. We’ll discuss your options with you, go over the details of each option, and guide you toward the best possible result. Your feet are your foundation, and we want to treat them with the utmost care.

A consultative approach means that your podiatrist will partner with you for the best results possible.

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NUMBER 2: ARE THEY BOARD CERTIFIED?

The American Board of Podiatric Medicine administers annual examinations for qualification and certification. Though board qualification and certification are not a requirement to practice podiatry, the certifications do offer more credibility to the podiatrist and his or her practice.

The ABPM serves, “to protect the health and welfare of the public through an ongoing process of evaluation and certification of the competence of podiatrists in the specialty of Podiatric Orthopedics and Primary Podiatric Medicine.”

Though being board certified isn’t a requirement, we believe it is in your best interest to choose a podiatrist who is certified or workings towards a certification. At Milwaukee Foot & Ankle Specialists, two of our doctors are board certified and two are board qualified, meaning that they’re close to being certified. We do this so we can better serve you and your needs.

At Milwaukee Foot & Ankle Specialists, we take pride in our work and are continuously moving forward, working hard to be the best we can be at what we do in order to better serve you.

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NUMBER 3: DO THEY MAKE YOU FEEL COMFORTABLE?

You’re probably wondering what kind of atmosphere or environment a podiatrist’s office offers. The truth is, this varies from one practice to the next and one podiatrist to the next. It also depends a little on what kind of practice they have as well as what their personal preferences are.

At Milwaukee Foot & Ankle Specialists, our office is welcoming from the moment you arrive. If you prefer a warm, independently owned office environment, we can offer you that. Our doctors and staff are friendly and always ready to help you with whatever you may need.

While some offices tend to be clinical and sterile in look and feel, others are very comfortable, warm, and welcoming. What do you prefer?

At Milwaukee Foot & Ankle Specialists, we strive to make you feel at ease in the waiting area as well as while you’re being treated. Your comfort is a top priority!

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NUMBER 4: DO THEY USE THE LATEST IN TECHNOLOGY AND EQUIPMENT?

There are certain podiatrists who have all the minimum equipment they should have, then there are those who go above and beyond. In order to treat the widest range of conditions and offer you the best service possible, podiatrists need specific equipment for diagnostics, x-rays, and various different treatment methods.

As you do your research on podiatrists, it helps to find out whether they have any limitations as to what treatments they can offer. Even without surgical treatment, certain equipment is important for a podiatrist to have access to.

At Milwaukee Foot & Ankle Specialists, we offer several pieces of equipment and products that most podiatric offices don’t offer. We have diagnostic ultrasound capabilities as well as offering PRP (Platelet-Rich Plasma) injections, and shockwave therapy. Little perks such as shoes specifically designed for the diabetic foot and all-natural anti-fungal nail polish are also available for you.

We strive to serve all of your foot and ankle needs at Milwaukee Foot & Ankle Specialists.

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NUMBER 5: DO THEY RECOMMEND TREATMENT BESIDES SURGERY?

9 out of 10 times, foot surgery isn’t necessary for most patients. Though there are some cases where this is a necessary last resort, there are many alternatives to having foot surgery today.

If your podiatrist has exhausted all other non-surgical options, he or she may still be able to offer minimally invasive procedures instead of full-blown foot surgery. Technological advances have made your options numerous, and your podiatrist should be able to work with you to find the best options available for your needs.

At Milwaukee Foot & Ankle Specialists, you have the option for a wide variety of treatments, surgery being a last resort. The human body is amazing in its power to heal, and we’ve learned to work with it to make treatments easy, safe, and as pain-free as possible.

If your podiatrist has recommended foot surgery as a treatment option and you’d like a second opinion, call us at 414.257.0676. We’ve treated over 50,000 patients and may be able to help you without surgery.
NUMBER 6: DO THEY OFFER MINIMALLY INVASIVE SURGERY?

Minimally invasive procedures are performed through tiny incisions instead of one large opening. Since the incisions are small, patients tend to have quicker recovery times and less discomfort than with conventional surgery — all with the same benefits.

The doctors at Milwaukee Foot and Ankle Associates can talk to you more about minimally invasive surgery. There may even be other alternatives to surgery all together. If you decide minimally invasive surgery is right for you, Milwaukee Foot and Ankle Associates can perform and are highly trained in performing minimally invasive surgery.

When surgery is unavoidable, make sure your podiatrist offers a minimally invasive alternative.

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NUMBER 7: DO THEY SEE PATIENTS OF ALL AGES?

Sometimes foot problems can develop early in life. Although this is rare, there are some cases that require a specialist as opposed to a general practitioner. No matter what age you or your loved one are, it’s important to know who you can depend on for the health of your feet and ankles.

There’s no age restriction for people who come to see us at Milwaukee Foot & Ankle Specialists. Though children under five aren’t our typical customers, we ultimately want to help everyone we can.

Whether you’re researching podiatric care for your infant, yourself, or your grandmother, we can help!

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NUMBER 8: DO THEY HAVE EXPERIENCE?

Your podiatrist should have at least some experience under their belt. Typically, the more experience someone has, the better they are at what they do. When it comes to your health, you should be especially discerning – and this includes treatment for foot or ankle pain, or any other problems concerning the feet.

Between all of the doctors at Milwaukee Foot & Ankle Specialists, we’ve helped over 50,000 patients since 1988. Our time in practice and the vast number of patients who have found pain relief and reclaimed their active lives are a testament to our commitment to you.

If you have any questions or would like to learn more about how we can serve you, please give us a call at 414.257.0676. We’re here to help.

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NUMBER 9: DO THEY WORK WITH MULTIPLE SPECIALISTS?

Did you know that your foot or ankle pain may be coming from a more serious problem than you think? Some foot pain stems from ailments affecting the bone, while others stem from neuropathy. These specialties are the reason why some podiatrists don’t work alone. Oftentimes, teaming up to include multiple doctors of multiple specialties is the best way to help as many patients as possible.

Your feet have carried you (quite literally) through life, so when it comes time to care for them, shouldn’t your options be as numerous as possible?

We think so. That’s why our team of doctors offers a wide variety of diagnostic and treatment options for virtually any condition your feet or ankles may be affected by. Typically, we can heal your feet or ankles without surgery, and our technology allows us to better and more accurately serve you and your health.

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NUMBER 10: DO THEY ACCEPT MOST INSURANCES?

Insurance often raises questions for people who have foot or ankle pain. These questions, however, can usually be answered by contacting your preferred podiatrist, who should be able to give you the options available to you based on your specific needs.

Typically, Milwaukee Foot & Ankle Specialists accepts most insurances, and we may be able to help you even if your insurance is limited. To find out what your options are, ask questions, and learn how we can help you and your unique case, please give us a call at 414.257.0676.

Remember, our primary focus is on helping you get the best and most effective treatment for your foot or ankle pain, so please don’t hesitate to call us – even if you aren’t ready to make an appointment yet.
BONUS: DO THEY OFFER FLEXIBLE PAYMENT OPTIONS?

This report was only supposed to cover the top 10 most important things to consider when choosing a podiatrist, but the first question new patients usually ask after choosing their podiatrist is, “How much will treatment cost?”

The title of this section says “flexible” payment options because not all podiatrists offer them. At Milwaukee Foot & Ankle Specialists, our goal is to work with you and your unique situation so that finances don’t get in the way of the treatment you may need to feel fully like yourself again.

If you’re ready to learn more about how we can help you get back to a life without foot or ankle pain, please give us a call at 414.257.0676. We would love to hear from you and invite you to take advantage of our $25 Initial Savings Certificate.
Dear Friend,

I hope you’ve found this report helpful in your research for finding a podiatrist for yourself, your child, or a loved one. I also hope that it has shown you how Milwaukee Foot & Ankle Specialists can help you with your foot or ankle concerns, in most cases without surgery.

During your initial visit, your questions and concerns will be addressed, and because we take a consultative approach, you and your doctor will decide on the best treatment together. The main goal of this report was to educate you on some of the most important aspects of choosing a podiatrist, so even if you choose a different doctor, I certainly hope that we were able to help guide you to your best and most informed decision.

I commend you for doing your research, because ultimately, you should feel comfortable and trust your podiatrist to provide you or your loved one with the best treatment possible.

Of course there are more things you should know about choosing a podiatrist that I didn’t include in this report; in fact, I could have easily doubled it! However, I am confident that the information provided will help you to make your best decision in choosing a podiatrist.

Most importantly, please know that I am always here to answer any questions you may have.

To Your Healthy & Happy Feet,

Dr. Chris Milkie

P.S. When you are ready to schedule your first visit, please call 414.257.0676 or visit www.MilwaukeeFootSpecialists.com where you can also download a $25 Initial Savings Certificate. If you’d like to be seen sooner rather than later, we offer same day appointments for your convenience.

Additionally, you will receive a free copy of my book, Your Simple Guide to Happy and Healthy Feet, at your first visit.

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